Americans throw away 18 billion disposable diapers a year, according to the Union of Concerned Scientists. The majority of these diapers are disposable, many of which are made with plastic, bleached fibers, and fragrance chemicals that may pose a health risk and take hundreds of years to decompose after we throw them away. Fortunately, there are some options on the market—from cloth to disposable—that are easier on the environment, safer for babies, and wallet friendly, too.

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**BUMGENIUS**

Mia Davis, Head of Health & Safety

“I use a combination of BumGenius, Thirsties, and FuzziBunz 90% of the time—cloth diapers have come a long ways since the times of rectangular rags and safety pins. When we’re on the road, and at night, we use Earth’s Best disposable diapers.”

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**SEVENTH GENERATION**

Jennifer Saul, Director of Product Development

“I like Seventh Generation’s brand mission as they focus on keeping your baby dry without the harmful chemicals typically used to absorb moisture in conventional diapers. Plus, while diapers are essentially never biodegradable in a landfill (anything that doesn’t see sunlight doesn’t have much of a chance to break down quickly), I like that the materials these are made from won’t leach anything toxic into the environment. The overnight diapers are even better than the normal diapers—they’re really well designed.”

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**HONEST**

Meaghan Curcio, PR

“Honest takes the worry out of whether I’m putting any toxic chemicals on my baby overnight—plus, the cute designs complete the outfit!”